

# Please tell us about your personal experiences and thoughts regarding the Great East Japan Earthquake

Date \_\_\_\_\_ . \_\_\_\_\_ . \_\_\_\_\_

Tell us about yourself on the date of March 11, 2011

age

location

occupation, etc

Where were you and what were you doing when the earthquake occurred?

How did you spend that evening?

When and how did you learn about the full extent and damage of the disaster?

How did you obtain information after the earthquake?

Do you remember any books you were reading or music you were listening to at the time?

Are there any words or exchanges from that time that left an impression on you?

Besides what you saw and heard, are there any other sensations you remember? (taste, touch, smell, etc.)

Since the earthquake, what has changed or what have you realized?

Have your daily actions or the things you carry changed since then?

If you were to talk about that earthquake again, who would you want to talk to?

Are there things you want to think about in the future?

Feel free to write any other memories or thoughts you want to share.